

## 7.—Principal Heights in each Province and Territory—continued

Province and Height	Elevation	Province and Height	Elevation
	ft.		ft.
<b>Nova Scotia</b>		<b>Alberta—concluded</b>	
Ingonish Mountain.....	1,392	Rockies—concluded	
Creignish Hills (at Creignish).....	850	*Mount Lyell.....	11,495 <sup>1</sup>
Cobequid Mountains (at E. Mapleton).....	840	*Mount Hungabee.....	11,457 <sup>1</sup>
North Mountain (4 miles NE. of Annapolis).....	590	Mount Athabasca.....	11,452
South Mountain (at Annapolis).....	515	*Mount King Edward.....	11,400 <sup>1</sup>
		Stutfield.....	11,400
<b>New Brunswick</b>		Mount Brazeau.....	11,386
Mount Carleton.....	2,690	*Mount Victoria.....	11,365 <sup>1</sup>
Green Mountain.....	1,596	*The Snow Dome.....	11,340 <sup>1</sup>
Moose Mountain.....	1,490	*Mount Joffre.....	11,316 <sup>1</sup>
		*Mount Deltaform.....	11,235 <sup>1</sup>
<b>Quebec</b>		*Mount Lefroy.....	11,230 <sup>1</sup>
Appalachians—		*Mount Alexandra.....	11,214 <sup>1</sup>
Mount Jacques Cartier (Shickshocks).....	4,160	*Mount Sir Douglas.....	11,174 <sup>1</sup>
Mount Richardson.....	3,885	Woolley.....	11,170
Barn Mountain.....	3,775	*Lunette Peak.....	11,150 <sup>1</sup>
Mount Logan.....	3,700	Mount Hector.....	11,135
Mégantic Mountain.....	3,625	Diadem Peak.....	11,060
Mount Albert.....	3,550	Mount Edith Cavell.....	11,053
Bayfield Mountain.....	3,470	Mount Chowen.....	10,930
Mattawa Mountain.....	3,370	Mount Wilson.....	10,631
Roundtop (Sutton Mountains).....	3,175	Clearwater Mountain.....	10,420
Hereford Mountain.....	2,760	Mount Coleman.....	10,262
Orford Mountain.....	2,750	Eiffel Peak.....	10,101
Pinnacle Mountain.....	2,150	Pinnacle Mount.....	10,072
Brome Mountain.....	1,800	Mount Fryatt.....	10,026
Shefford Mountain.....	1,725	Mount Rundle.....	9,838
Shield—		The Three Sisters.....	9,744
Mount Tremblant.....	3,150	Mount Eisenhower.....	8,750
Mount Ste. Anne.....	2,625	Mount Edith.....	8,370
Monteregian Hills—			
St. Hilaire Mountain.....	1,350	<b>British Columbia</b>	
Yamaska Mountain.....	1,350	Vancouver Island Range—	
Rougemont.....	1,200	Mount Albert Edward.....	6,968
Mount Johnson.....	750	Mount Arrowsmith.....	5,960
Mount Royal.....	750	Coast Range—	
		Mount Waddington.....	13,260
<b>Ontario</b>		Tiedemann.....	12,000
Tip Top Hill.....	2,120	Mount Tatlow.....	10,050
Mount Batchawana.....	2,100	Skihist Mountain.....	9,660
Niagara Escarpment—		Crown Mountain.....	6,060
Osler Bluff.....	1,700	St. Elias Mountains—	
Caledon Mountain.....	1,400	*Mount Fairweather.....	15,300 <sup>2</sup>
Blue Mountain.....	1,250	*Mount Root.....	12,860 <sup>2</sup>
High Hill.....	1,150	Columbia Mountains—	
Mount Nemo.....	1,000	Monashee—	
		Mount Begbie.....	8,956
<b>Manitoba</b>		Storm Hill.....	5,300
Duck Mountain.....	2,727	Selkirks—	
Porcupine Mountain.....	2,700	Mount Sandford.....	11,590
Riding Mountain.....	2,000	Mount Wheeler.....	11,033
		Selwyn.....	11,023
<b>Saskatchewan</b>		Mount Dawson.....	11,020
Cypress Hills (Summit).....	4,810	Adamant Mountain.....	10,980
Wood Mountain (West Summit).....	3,371	Grand Mountain.....	10,842
Wood Mountain (East Summit).....	3,347	Mount Sir Donald.....	10,818
Vermilion Hills.....	2,500	Iconoclast Mountain.....	10,630
		Mount Rogers.....	10,525
<b>Alberta</b>		Purcells—	
Rockies—		Mount Delphine.....	11,076
*Mount Columbia.....	12,294 <sup>1</sup>	Nelson Peak.....	10,772
The Twins (N. Peak).....	12,085	Rockies—	
Mount Forbes.....	11,902	Mount Robson.....	12,972
Mount Alberta.....	11,874	Clemenceau.....	12,001
*Mount Assiniboine.....	11,870 <sup>1</sup>	Mount Goodsir.....	11,686
The Twins (S. Peak).....	11,875	Mount Bryce.....	11,507
Mount Temple.....	11,636	Resplendent.....	11,240
Mount Kitchener.....	11,500	Mount King George.....	11,226
		Consolation.....	11,200
		The Helmet.....	11,160
		Whitehorn Mountain.....	11,101
		Mount Huber.....	11,051
		Geikie.....	11,016

For footnotes, see end of table, p. 12.